

University of Montreal, Montreal

Department of Obstetrics & Gynecology

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What are you looking for specifically in an impressive candidate?

We are looking for motivation, a great sense of teamwork, competitive academic file, and a sense of involvement in the field and towards patients.

What can a potential candidate do now in order to be an appealing applicant to your program?

Applying themselves during their rotations in order to get the most out of their training (they are encouraged to do electives not only in OB/GYN. Get involved in projects which show their capacity to work in a team and involvement (research, community involvement, personal initiatives/student life etc.). Prepare themselves to convince the selection committee that they are ready to get involved for the next 40 years in the provision of quality care in OB/GYN and to contribute to the expansion of the specialty.

How is your residency program organized?

PGY-1 Surgery Core Rotations
 Principles of Surgery Bootcamp 4 weeks
 Emergency Medicine, St-Jérôme Hospital, peripheral setting 4 weeks
 General Surgery, St-Jérôme Hospital 8 weeks
 Intensive Care Unit, Maisonneuve-Rosemont Hospital, HMR 4 weeks
 Specific to OB/GYN:
 Initiation to OB/GYN, CHU Sainte-Justine, CHUM 20 weeks
 Initiation to Ultrasound in Obstetrics

PGY-2 Initiation to Gynecological Surgery and pre/post-operative care, CHUM 8 weeks
 Core Gynecology, CHU Sainte-Justine 4 weeks + CHUM 8 weeks
 Core Obstetrics with High Risk Pregnancy Care, CHU Sainte-Justine 12 weeks + CHUM 4 weeks
 Ambulatory Care, CHUM 4 weeks
 Family planning, CHU Sainte-Justine 4 weeks
 Obstetrics/Night shift, CHU Sainte-Justine 4 weeks + CHUM 4 weeks

PGY-3	<p>Core Gynecology II, CHUM & HMR 24 weeks</p> <p>Obstetrics/Night shift, CHU Sainte-Justine 4 weeks + CHUM 4 weeks</p> <p>Ultrasound, CHU Sainte-Justine 12 weeks (8 with MFM, 4 with radiology)</p> <p>Elective 4 weeks</p> <p>Colposcopy, CHUM 4 weeks</p>
PGY-4	<p>Obstetrics/night shift, CHU Sainte-Justine or CHUM 4 weeks</p> <p>Fertility, CHUM 12 weeks</p> <p>Oncology, CHUM 12 weeks</p> <p>Elective 4 weeks (depends on other rotations)</p> <p>Perinatology (MFM), CHU Sainte-Justine 12 weeks</p> <p>Community Gynecology, Chicoutimi or Trois-Rivières (large centres with daily OR) 12 weeks either as PGY-4 or PGY-5</p> <p>Urogynecology, CHUM 8 weeks</p>
PGY-5	<p>Obstetrics/night shift, CHU Sainte-Justine or CHUM 4 weeks</p> <p>Chief Resident, CHU Sainte-Justine, CHUM and HMR 32 weeks</p> <p>Elective 4 weeks (depends on other rotations)</p> <p>Royal College Study Time (Erudition) 4 weeks</p> <p>Community Gynecology 12 weeks (can also be done in PGY-3)</p>

What is your residency program's orientation and focus?

Our program is organized in such a way that all the objectives set by CanMEDS can be met by residents and a solid training can be provided to both candidates who wish to do a general practice and to those who wish to pursue a subspecialty.

What is the availability of experiences in subspecialty areas during training?

Most of the subspecialty rotations are done in PGY-4. Several specialty clinics are accessible (cardiology and infectious diseases during pregnancy). Several elective rotations are accessible (urogynecology, colposcopy, pediatric gynecology, medical genetics)

What is the typical day in the life of a resident?

Rounds at 6:30 or 7:00 am on the patients hospitalised in his specialty. Sign-out at 7:00 am in the delivery room. Operating room or ambulatory clinics begin at 8:30 am. Transfer to the oncall team at around 6 p.m. Academic half day by staff and residents on Friday afternoon (1-4 p.m.)

Are there sufficient elective opportunities during training to explore your special interests?

We have 4 weeks of elective rotations each year in PGY-3, PGY-4 and PGY-5. The number of electives can be increased if necessary if the steps are taken with the program management. Our program is open to adapting the courses according to the interests and educational needs of the residents.

What is the on-call schedule during each year of residency?

Two months of night float per year as a junior resident (R1-3) and one month as a senior resident (R4-R5). Monday night to Thursday night (finishing Friday morning).

Weekends split into 15h night shifts (Friday, Sunday and Saturday from 17h-8h), and 8h day shift (Sunday and Saturday 8-17h). Post-call days are rigorously respected.

Usually, we cover one weekend night and two weekend days per month.

What distinguishes your program from the other programs?

Provided in French and allows residents to be greatly exposed to a diversity of common and rare pathologies. Research and teaching are at the forefront of our program.

What distinguishes your city from others?

Montreal is the second largest city in Canada. The city is very cosmopolitan, bilingual, even multilingual, and offers a diversity of cultural, sport and social activities.

How competitive is it to get in, and then to succeed in your field?

It is a very popular specialty. The number of applications (60-70) is higher than the number of available spots (5). Once a candidate is admitted to the program, everything is done to make sure that he/she succeeds well.

Is there active and/or required research in your residency program?

The validation of research training is based on: the participation to the Initiation to Research course (8 three-hour workshops, each being organized on a two-year cycle and being integrated to the Friday half-day academic program); and the development of a research project. A one month mandatory period dedicated to research will be added to the cursus in 2025.

For a list of the department researchers and their research interests, see

<https://deptobsgyn.umontreal.ca/recherche/>

What local, national or international conferences would benefit candidates interested in your residency program?

The AOGQ and SOGC annual meetings offer opportunities to get acquainted with hot topics in obstetrics-gynecology in Quebec and in Canada, while networking with physicians and residents.

Where can we look for more information?

Secretary to the Program Director: Sabrina Abdeddaim,
sabrina.abdeddaim.chum@ssss.gouv.qc.ca

Website: <https://deptobsgyn.umontreal.ca/etudes/programme-de-residence/>

Instagram page : [udem.obgynresidents](https://www.instagram.com/udem.obgynresidents)

Specifically, is there a list of residents whom we can call or email?

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